

## **Antony estate autumn woodland walk, Torpoint, PL11 2QA**

**Date:** Wednesday 2 November 2011

**Meet:** SX418564. Please park in the disabled car park about ½ mile down the Antony House/Jupiter Point drive (signposted Antony House). Please do not park on the drive or its verges. The drive is off the A374 which connects Torpoint with the Trerulefoot Roundabout. **Regret no dogs allowed.**

**Time:** 10.00 am for 10.30am set off returning around 13.00 (approx)

**Grid ref:** SX418564

**Lunch:** There are a number of pubs and cafes in Torpoint or nearby villages.

Immediately after the walk, the walk leaders will be meeting at the Halfway House, Polbathic, to plan the programme for 2012, sort out admin, etc. This pub serves a range of food from sandwiches to steaks. There is plenty of room for any of the group to join us for lunch there too. Polbathic is on the A374 about 7 miles/15 minutes from Antony towards Trerulefoot.

**Clothing:** Please wear walking boots or other footwear with good grip suitable for uneven ground. Please dress for the weather.

**Walk Information:** This is 4-4 ½ mile walk around the Antony gardens, woodland and estate courtesy of the National Trust. It is a moderate walk with one or two steep paths.

The walk will be led by Brian Langley, Education Project Leader at Antony House who will talk about the natural history and history of the area. Brian is a very knowledgeable and enthusiastic guide. Hopefully we will be able to see lots of autumn colour and other autumn features as well as wonderful views of the Lyhner and Tamar rivers. There may also be the opportunity to see the 18<sup>th</sup> century tidal bathhouse and for those that are interested, rare spiders.

**Walk Leaders:** Jack and Brigitte Mann (01579 344631).

# Caradon Monthly Walks- December- Boscastle and Minster Wood

**Date:** Wednesday December 7th

**Meet:** SS099913 Parking is in the new car park alongside the River Valency and as we will be leaving from its eastern end it would be as well to park at that end, if you can.

Unfortunately you will have to pay whatever charge Cornwall Council have seen fit to levy and apologies for not having that information to hand.

There are excellent loos at the entrance to the car park and they are the only ones you will encounter until we get to the Napoleon Inn which is 2.29 miles away up the hill.

**Time:** 10.00 am for 10.30 start. Bearing in mind that the clocks will have gone back we will try to start on time so that we don't finish in the dark!

**Grid Ref:** SS099913

**Lunch:** This will be in the Napoleon Inn and we hope to arrange for Soup and a Roll to be available for those that want it. Other Pubs are available but not until you are back in the village.

**Clothing:** Please wear walking boots or other footwear with a good grip suitable for uneven ground. Please dress for the weather, it is December after all. Sticks could be useful if you have them.

**Walk Information:** 3-4 miles depending on the route you take. **This can be quite a tough walk.** Although we start along the Valency valley, once we have crossed the river, we have a steep track to climb through Peters Wood up to Minster Church. From the Church, damaged during the flood, we climb onto a quiet road that lead us past Home Farm and the option of following a foot path across a style or continuing along the road to our lunchtime rendezvous.

After the Napoleon we can offer two different routes, each of which will have a Volunteer Walk Leader or two. The shorter goes down Fore Street, the old main road through Boscastle, and back to the car park.

The other follows the road towards Tintagel before turning down Potter's Lane passing Forrabury Church and crossing The Stitches, a mediaeval field system owned largely by The National Trust, and following the Coastal Path below the NCI Lookout back into Boscastle Harbour. This is steep and rocky in places and can be slippery.

**Walk Leaders:** Sue & Martin Wilson 01579371243

Minster Church



Napoleon Inn



Boscastle Harbour

